Medical Transportation Resource List

The following list includes local transportation services in the Southern Maryland Area

Name of Company or Program	Phone #	Type of Transportation	Payment Accepted
AAA https://www.aaatransport.net/	301-952-1193	Ambulance, Wheelchair Van & Sedan	Medicaid, Insurance & Pre-payment
Calvert County Public Transportation https://www.calvertcountymd.gov/885/Bus-Schedules	410-535-4268	Mass transit	Self-pay
LifeStyles https://lifestylesofmd.org/ Also serves the Senior Rides Program https://www.calvertcountymd.gov/3142/Transportation	301-609-9900	Wheelchair Van & Shuttle Service	Self-pay & Pre-payment For Senior Rides: Application required for subsidized transportation for seniors and persons with disabilities
Medical Assistance Transportation Program https://www.calverthealth.org/personalhealth/healthservices/matp.htm	410-414-2489	Medical Assistance Transportation	Medicaid

Name of Company or Program	Phone #	Type of Transportation	Payment Accepted
		sedan, wheelchair, or ambulance approval – 48 hours advance notice required	
SmartRides https://www.transportationsouthernmd.com/	410-535-6932	Sedan Only	Pre-payment required
Wheels to Wellness	410-535-8396	Wheelchair Van	Grant Funded

For additional questions, contact the Integrated Care Management Department at

410-535-8235

CalvertHealth™

Wheels to Wellness
TRANSPORTATION ASSISTANCE

W2W

What is Wheels to Wellness?

- Wheels to Wellness (W2W) provides Southern Maryland residents with reliable transportation to and from medical appointments.

- Patients 18 and older are driven to and from appointments *free of charge*.

- One support person is allowed to accompany the patient who must also be 18 and older.

- This is a *curb-to-curb* service accommodating patients, including those with walkers, wheelchairs, etc.

Who provides the transportation?

- The Arc of Southern Maryland partners with Calvert Health as the W2W transportation provider.

- Patients must be able to get to and from the van without assistance from the driver.

Where can I go?

- Calvert County residents can be transported to any medical appointment within Calvert County.

How do I schedule a ride?

- CalvertHealth's Case Management Department is the point of contact for this program. (contact information) ⇨

- The coordinator schedules transportation.

- The Arc of Southern Maryland fulfills the request.

Contact Information

Tiffany Ayres
T2H Office Coordinator
410-535-8396

Tiffany.Ayres@
Calverthealthmed.org

Sara Western &
Holly Seawell
410-414-2725

W2W hours of operation:
M-F 8-4:30

Closed most holidays, please call for more info.

Please note:

This information applies to Calvert County residents.

If transportation is needed in a different county you must contact that county's hospital for assistance.

Calvert Senior Rides

LifeStyles, Inc.
-293-0623 • www.lifestylesofmd.org

Providing subsidized transportation Services for Calvert County seniors and Persons with disabilities

Application required

For more information and to apply please contact:

Calvert County Office on Aging
1-410-535-4606, ext. 139
Chessa.Reid@calvertcountymd.gov

LifeStyles, Inc.
1-866-293-0623
info@lifestylesofmd.org

*Partially funded by the Maryland Transit Administration's Senior Rides program,
And in partnership with Calvert County Office on Aging.

* Persons must provide at least a 2 day notice to allow for scheduling
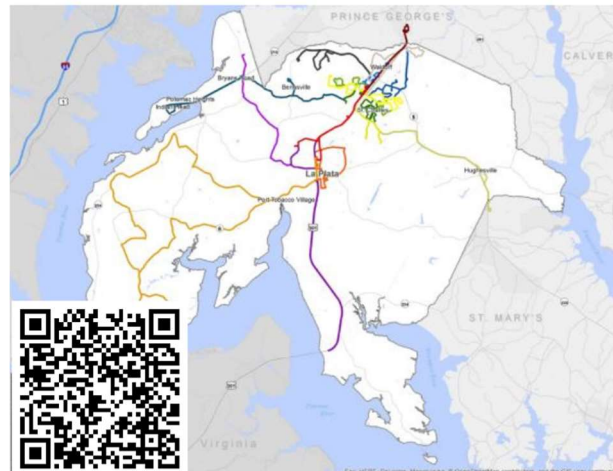
Calvert County Public Transportation

Dunkirk - Dunkirk to Huntingtown
Lusby Shuttle - Lusby to Solomons
Prince Frederick Shuttle 1&2 - Serves Town Center
Mid-County - Prince Frederick to Solomons
North Route - Prince Frederick to North Beach
South Route - Prince Frederick to Solomons
Charlotte Hall - Calvert Pines to Charlotte Hall
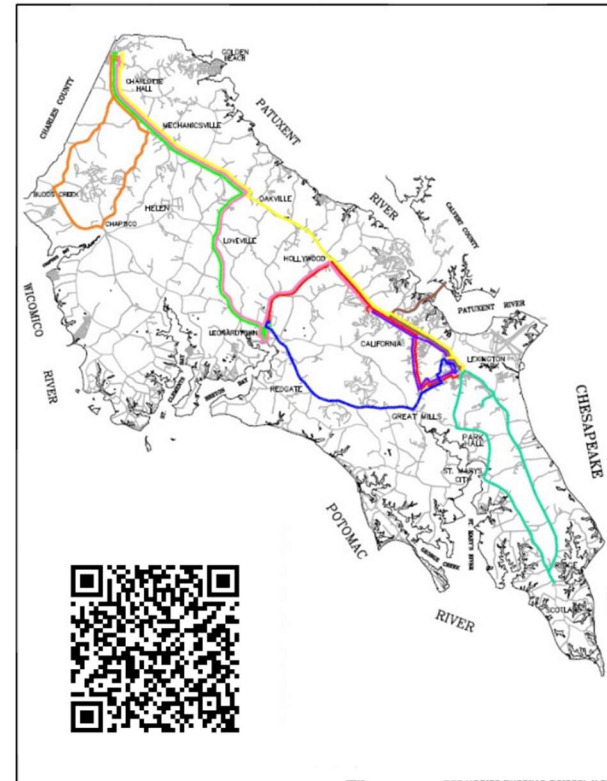*Connects with Charles & St. Mary's County*

Charles County's VanGO

301 Connectors 1 & 2 - Waldorf to La Plata
Connects to MTA Bus 610, 620, 650
Berry Road - Runs Berry Road/228
Connects to MTA Bus 610, 620
Brandywine Connector - Waldorf to Brandywine
Connects with PG Co. at Brandywine Crossing
Bryans Road - La Plata to Bryans Road
Connects with MTA 620
Business A & B - Waldorf Business Hubs
Charlotte Hall - Waldorf to Charlotte Hall
Connects with STS & Calvert
CSM Connector - Campus Connection
Indian Head - Waldorf to Indian Head
La Plata - The La Plata Loop
Connects with MTA 650
Nanjemoy - La Plata to Nanjemoy
Newburg - La Plata to Newburg
Connects MTA 650
Pinefield - Old Washington Loop
Connects to MTA 610,620
St. Charles A, B, C & D - Waldorf Residential
Connects to MTA 610,620 & RT D connects to 640, 735

St. Mary's County Transit System

California - Leonardtown to Lexington Park
Charlotte Hall - Charlotte Hall to Leonardtown
Connects with VanGO & Calvert
Great Mills - Lexington Park to Leonardtown
County Span - Charlotte Hall to Lexington Park
Connects with MTA bus 705, 715
Calvert Connection - Lexington Park to Solomons
Northern - Charlotte Hall to Budds Creek
Southern - Lexington Park to St. Mary's City
Great Mills/ California - Great Mills to California
Leonardtown - Charlotte Hall to California
Connects with MTA Bus 705, 715

MDOT/MTA Commuter Bus

610 - Waldorf to National Harbor
620 - Waldorf to DC
630 - La Plata/Waldorf to DC
640 - Waldorf/Accokeek to DC
650 - La Plata/Waldorf/Accokeek to DC
705 - Charlotte Hall/Waldorf to DC
715 - Charlotte Hall/Waldorf to DC
725 - California/Charlotte Hall to DC
735 - Charlotte Hall/Waldorf to DC
820 - North Beach/Equestrian Center to DC
830 - Sunderland/Dunkirk to DC
840 - St. Leonard/Prince Frederick to DC
850 - Prince Frederick/Dunkirk to Suitland/DC

Contact your Transit Agency!

Maryland Transit Authority
www.MTA.Maryland.gov/Schedule
866-743-3682

St. Mary's Transit System
www.StMarysCountyMD.gov/DPW/STS-Transit
301-475-4200 Ext. 1120

Charles County's VanGO
www.go-VanGO.com
301-609-7917

Calvert County Public Transportation
www.CalvertCountyMD.gov/885/Bus-Schedules
410-535-4268

Transportation Resources Persons with Disabilities

The ARC of Southern Maryland
www.arcsomd.org | 410-535-2413
Bay Community Support Services
www.baycss.org | 410-224-4205
Center for Life Enrichment
www.tcle.org | 301-373-8100
New Horizons Supported Services, Inc.
www.nhssi.org | 301-249-0206
So. Maryland Center for Independent Living
www.smcil.org | 301-884-4498
Spring Dell Center, Inc
www.springdellcenter.org | 301-934-4561

Private Medical Transportation Providers

Serving the Tri-County Area, call for rates

AAA Ambulance
aaatransport.net | 301-952-1193
Chesapeake Medical Transportation Services
choosecmts.com | 240-754-7870
Smart Ride
transportationsouthernmd.com | 410-535-6932

Paratransit

The American Disabilities Act (ADA) and the Statewide Specialized Transportation Assistance Program (SSTAP) ensures that transportation is available for disabled or elderly residents in the region. Please call your local public transit office (information within) to learn more and apply. Available for all ride types.

Stop-Gap Medical Transportation

In Case of an Emergency, Please Dial 911

Wheels to Wellness is a stop gap program that gets transit dependent residents, who do not qualify for other programs, to their medically necessary appointments. This program may also be used for interim periods while applications are pending for other programs. Please contact the Care Coordinator at your doctors office to see if you qualify.

State Medical Assistance (Medicaid) recipients may qualify for last-resort transportation. Please call your **Local Health Department** to find out more.
Calvert County | 410-414-2489
Charles County | 301-609-6900
St. Mary's County | 301-475-4296

Contact Us

For more information on Tri-County Council for Southern Maryland's transportation programs please contact us at
301-274-1922
transportation@tccsmd.org

SOUTHERN MARYLAND

RIDE GUIDE

Tri-County Council for Southern Maryland

PO Box 745
15045 Burnt Store Rd.
Hughesville, MD 20637
301-274-1922

Senior Rides

Senior Rides is a primarily volunteer-run program that is partially funded by MDOT. Agencies that participate in the program provide rides at **reduced rates** for seniors of low to moderate income. All ride types.
Calvert County: Call the Office on Aging at 410-535-4606 Ext. 8777
Charles County: Call LifeStyles of Maryland at 301-609-9900 Ext. 210
St. Mary's County: Call the Dept. of Aging & Human Services at 301-475-4200 Ext. 1066

Private Taxi Services

Call your local cab service for rates

Calvert County:
Smart Ride: 410-535-6932
Charles County:
Waldorf Silver Cab Service: 301-710-6283
Waldorf Yellow Cab: 301-885-3786
St. Mary's County:
Southern Maryland Express: 888-313-9773

SOMD Rides

Southern Maryland RIDES is a service provided by LifeStyles of Maryland for Charles and Calvert County residents assists with employment-related activities as well as medical transport. 301-609-9900

Car & Vanpool

Commuter Connections makes matches! To connect with other commuters traveling to the Washington Metro Region call 301-643-7257, email transportation@tccsmd.org, or register at **www.commuterconnections.org**